
Acting Performance in a Christmas Concert

Just before Christmas 2007 my lovely grandson was in his school Christmas concert and he had some lines to say. And as he was staying with me one weekend he mentioned that someone in his class had said "I can't hear you 'cos you talk too quiet so no-one'll hear you".

Now, at 9 years old a comment like that can be pretty gutting - especially when you've just been picked in your new school's concert.

So as he said this to me I asked him what the words were this lad had said to him, and to be honest he IS such a quietly spoken lad I couldn't hear them very well - at only 3 feet away from him!!

So I decided to play this 'tapping game' with him.

I asked him to say the words that THAT lad had said to him again and then I tapped on him. Well, he rolled over in laughter as I tapped on him - *because he's so tickish!*

So I changed tactic and asked him to say 'his' lines out LOUD whilst he tapped on himself and I tapped on myself too - so he didn't feel silly.

Then I asked him to go further away from me (about 5 feet away) and do it again, only he'd "have to shout a bit as he was further away now". So he moved further away, and tapping himself under his eye, his collar bone and under his arm, he raised his voice and the words were nice and clear.

Then I asked him to move to the other side of the room (about 15 feet from me now) and shout louder whilst he still tapped on himself and I still tapped on myself. His voice was still nice and loud and clear.

So NOW I asked him to move into the hallway and still tap and shout the words, and he said he wanted to do a little action with his hands to the words too, and sure enough at about halfway down our hallway (about 25 feet away from me now) he could still be heard nice and loud and clear AND he'd added an action to his performance too.

And now I moved backwards (about 5 feet) into our conservatory whilst he moved even further away, and I asked him to move into the porch at the end of the hallway. So he opened the hall door and stepped into the porch leaving the door open - so NOW we were at least 35 feet away from each other - and again he tapped whilst saying his lines AND using his little hand action too. And he was STILL loud and clear.

Then he said he'd had enough and wanted to go call for his friend. Which he did.

The week after this came the school concert performances, with two performances twice a day for parents, grandparents, friends etc. So, on one of the the evenings me, my husband, son and daughter-in-law went to the school. We arrived with a few minutes to spare and the school concert hall was packed to the gills with parents, grandparents, carers, brothers and sisters of the 'actors'. And so me, his grandad, his mum and dad were on the penultimate row of the hallway - at least 40feet away from the stage.

The time came fro his class' performance in the concert and he came on the stage, and said his words LOUD and CLEAR AND used his hand gesture too. He was brilliant, we were so proud of him.

And ALL he was doing when we were at my house was 'simply tapping on the Anxiety Stopper points' whilst repeating aloud his spoken lines. No need to go into his feelings or who said what or how he felt. 'EFT tapping' working again - without even focussing. Brilliant.

Just goes to show that you don't ALWAYS have to follow the set procedure - just be creative ... go with the flow and see what happens.

The Anxiety Stopper is, of course, Under the Eye, Collarbone and Under the Arm points – but you already know that..

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